



Helen Elizabeth Gower

November 14, 1928 - March 15, 2021

Helen Elizabeth Gower, of Fort Myers Beach, formerly of Auburn, NY, passed on Monday March 15, 2021 at Gulf Coast Medical Center, in Fort Myers, FL. She was 92, born on November 14, 1928 in Rochester, NY, a daughter of the late Horace K. "Bob" Lawrence and Dorris M. Brown Lawrence.

Helen is survived by her 3 children, Jane L. (Joseph) O'Connor, Dan (Audrey) Gower and Steve (Anne McCarthy) Gower. Also surviving are 5 grandchildren, 4 great grandchildren and numerous nieces and nephews.

She was preceded in death by her husband Robert M. Gower and her 2 sisters Gerry Anne Spierto and Rita Thompson.

Helen was valedictorian of her high school class at Homer High School and also her college class at SUNY College at Cortland. She received her master's degree in education and taught 5th grade in the Auburn School District for 36 years.

She was a member of Church of the Ascension in Fort Myers Beach. Helen shared her talents, as a member of the Ascension Catholic Women, making rosaries, caps for cancer patients and also hats and mittens for under privilege children. She also enjoyed volunteering at Mercy Rehabilitation and at the Merry Go Round Playhouse Theatre in Auburn, NY. She enjoyed

traveling the Globe.

Friends will be received on Friday March 19, 2021 from 10:00 to 11:00 AM at Church of the Ascension, 6025 Estero Blvd, Fort Myers Beach, with a Mass of Christian Burial following at 11:00 AM. Burial will take place at a later date in St. Joseph Cemetery in Auburn, NY.

To sign Helen's guest register or leave online condolences, please visit www.ShikanyFuneralHome.com.

Arrangements are being handled by Shikany's Bonita Funeral Home Family Owned and Operated Since 1978.

Cemetery Details

St. Joseph Cemetery

Auburn, NY

Previous Events

Visitation

MAR 19. 10:00 AM - 11:00 AM (ET)

Church of the Ascension
6025 Estero Blvd.
Fort Myers Beach, FL 33931

Mass of Christian Burial

MAR 19. 11:00 AM (ET)

Church of the Ascension
6025 Estero Blvd.
Fort Myers Beach, FL 33931

Tribute Wall



“ *Helen Elizabeth Gower*

October 09, 2023 at 03:40 AM



“ *Expressing my most sincere sympathy to all the family in the loss of Helen. My children attended Seward School and I myself taught at Herman Ave. School. It was a privilege to know Helen as well as being a fellow colleague. May rainbows of her love embrace each of you.*

Fran Hanley

Frances Hanley - March 29, 2021 at 04:20 PM



“ *Jane, Joe and Family. I am so very sorry for your loss, my deepest sympathy goes out to all of you as you grieve.*

Love,

Bob Snider

Robert Snider - March 22, 2021 at 07:59 AM



“ *My condolences to the Gower and O'Connor family. Helen a great lady. Knitted faster than anyone I know. Great at jigsaw puzzles. At times a tickle in her throat.*

Brian O'Connor - March 19, 2021 at 10:02 AM



“ *Lovely One Spathiphyllum Plant was purchased for the family of Helen Elizabeth Gower.*



March 18, 2021 at 03:19 PM



“ *Jane, please accept our deepest condolences in the passing of Ms Helen. She was one of our favorites, we loved seeing her and being encouraged by her smiles. She will be truly missed. Please be assured, our thoughts and prayers are with the family during this sorrowful time.*

Crystal Jones and all the team at FMB BB&T.

Crystal Jones - March 17, 2021 at 10:35 AM



“ *Sweetest Sunrise Bouquet was purchased for the family of Helen Elizabeth Gower.*



March 17, 2021 at 10:18 AM